

Katie Thomas, M.S.

Subject Matter Expert



Katie Thomas is a Senior Consultant at Public Consulting Group (PCG) responsible for leading complex Medicaid transformation, behavioral health, and justice-involved initiatives for state and local government clients. Katie has more than 10 years of experience specializing in Medicaid program implementation, grant administration, reentry services, stakeholder engagement, and operational transformation. She serves in project leadership and advisory roles across large-scale initiatives, supporting health care modernization, continuity of care, and community reintegration efforts. Katie partners with government agencies, health care organizations, and community stakeholders to develop sustainable solutions that improve program outcomes and strengthen service delivery.

Expertise

- Medicaid program design and implementation
- Program and project management
- Federal and State compliance
- Cross-functional team leadership
- Stakeholder engagement
- Criminal justice and behavioral health system transformation

Experience

Before joining PCG, Katie held roles with the North Carolina Department of Health and Human Services, the Florida Department of Children and Families, Central Florida Cares Health System, and Aspire Health Partners. Across these positions, she led behavioral health, criminal justice, and reentry initiatives supporting individuals with complex health and social needs. Her experience includes managing statewide grant-funded programs, overseeing diversion and treatment initiatives, conducting program evaluations, supporting provider performance improvement efforts, and collaborating with government agencies, healthcare organizations, and community partners to strengthen service delivery and improve outcomes for justice-involved populations.

Publications

- Kessler, J., Newhall, C., Thomas, K., & Weaver, S. (2025). "Transforming reentry services: The role of CMS 1115 waivers in supporting health and community reintegration." *Policy & Practice*, 83(1), 6-7. American Public Human Services Association

Professional Networks

- American Psychological Association (APA)

Certifications

- Motivational Interviewing
- Question, Persuade, Refer (QPR) for Suicide Prevention
- Florida Forensic Examinations
- GAINS Risk-Need-Responsivity (RNR) Model
- Evidence-Based Practices for Behavioral Health and Criminal Justice Involved Individuals

Education

Katie graduated summa cum laude from Troy University with her Master of Science in Clinical Mental Health Counseling and Psychology in 2018. She leverages these skills as a senior consultant to support justice-involved and behavioral health populations through Medicaid program design, grant administration, and system transformation initiatives.

To learn more about Katie Thomas, please contact us today.

 (512) 879-3792  www.publicconsultinggroup.com  kathomas@pcgus.com